

NEWPORT NEWS PARKS, RECREATION & TOURISM

Instructional Program Guide Winter 2022

Class Name	Class Number	Ages	Fee	Dates	Time	Weeks	Location
Pee Wee Picassos	i568.301	4 to 6	\$50.00	Sat, January 15 - Sat, March 19	9:15am to 10:15am	10	BMCC
Y.A.L.E.	i559.301	7 to 12	\$55.00	Sat, January 15 - Sat, March 19	11am to 1pm	10	BMCC
Drawing for Kids	i569.301	8 to 12	\$55.00	Mon, January 10 - Mon, March 14	6:30pm to 7:30pm	10	BMCC
Drawing & Painting for Teens	i518.301	13 to 18	\$55.00	Tue, January 11 - Tue, March 15	6:30pm to 7:30pm	10	BMCC
Drawing & Painting for Adults	i521.301	18 and up	\$60.00	Thu, January 13 - Thu, March 17	6:30pm to 8pm	10	BMCC
Keepsake Art with Kidcreate Studio	i530.301	1y 5m to 6	\$65.00	Sat, January 15 - Sat, February 19	9:30am to 10:30am	6	RGC
Let's Draw, Paint and Sculpt with Kidcreate Studio	i531.301	5y 5m to 12	\$65.00	Tue, January 11 - Tue, February 15	6pm to 7pm	6	DCC
Slime-Tastic Art Lab with Kidcreate Studio	i533.301	5y 5m to 12	\$10.00	Fri, January 14	6pm to 7pm	1	DCC
Slime-Tastic Art Lab with Kidcreate Studio	i534.301	5y 5m to 12	\$10.00	Thu, January 27	6pm to 7pm	1	DCC
Valentine's Day Craft Party with Kidcreate Studio	i532.301	1y 5m to 5	\$10.00	Wed, February 9	9:30am to 10:30am	1	DCC
Computer Animation Junior	i635.301	4 to 6	\$55.00	Sat, January 15 - Sat, March 5	1pm to 1:45pm	8	DCC
Computer Animation: Castles	i633.301	8 and up	\$55.00	Tue, January 11 - Tue, March 1	4pm to 4:45pm	8	BMCC
3D Computer Animation: Robots	i632.301	8 and up	\$55.00	Sat, January 15 - Sat, March 5	Noon to 12:45pm	8	DCC
Computer Animation: Part 2	i634.301	7 and up	\$55.00	Tue, January 11 - Tue, March 1	5pm to 5:45pm	8	BMCC
Lego-brick Animation Club 3: Special Effects	i640.301	8 and up	\$55.00	Thu, January 13 - Thu, February 3	6:30pm to 8pm	4	DCC
Lego-brick Animation Club 4: Story Time	i641.301	8 and up	\$55.00	Thu, February 10 - Thu, March 3	6:30pm to 8pm	4	DCC
Tiny Tots Ballet	i368.301	3 to 5	\$45.00	Tue, January 11 - Tue, March 1	5pm to 5:30pm	8	DCC
Knitting 101	i709.301	15 and up	\$65.00	Tue, January 11 - Tue, March 15	9:30am to 11:30am	10	CWCC
Knit with Britt: Knitting & Scandinavian Sweater	i702.301	15 and up	\$65.00	Wed, January 12 - Wed, March 16	9:30am to 11:30am	10	CWCC
Knit with Britt: Knitting & Scandinavian Sweater	i701.301	15 and up	\$65.00	Wed, January 12 - Wed, March 16	5pm to 7pm	10	CWCC
Beginning Sewing	i710.301	15 and up	\$55.00	Sat, January 15 - Sat, February 19	11am to 1pm	6	CWCC
Intermediate Sewing	i711.301	15 and up	\$55.00	Sat, January 15 - Sat, February 19	9am to 11am	6	CWCC
We Can Sew Together	i703.301	6 to 12	\$65.00	Sat, January 15 - Sat, March 5	9am to 10:30am	8	DCC
Teens Love to Sew	i704.301	13 to 17	\$65.00	Sat, January 15 - Sat, March 5	10:45am to 12:15pm	8	DCC
Adults Love to Sew	i700.301	18 and up	\$65.00	Sat, January 15 - Sat, March 5	12:30pm to 2pm	8	DCC
Dance2Fit for Kids with Stephanie L	i151.301	6 to 12	\$30.00	Wed, January 12 - Wed, March 2	6:30pm to 7pm	8	BMCC
Dance2Fit with Stephanie L	i150.301	13 and up	\$50.00	Wed, January 12 - Wed, March 16	7pm to 8pm	10	BMCC

Strength Training (formerly Buns & Tums)	i101.301	16 and up	\$35.00	Mon, January 10 - Mon, February 28	5:30pm to 6:30pm	8	RGC
Chair Yoga	i131.301	15 and up	\$40.00	Thu, January 13 - Thu, March 3	7pm to 7:45pm	8	CWCC
Zumba Dance Party	i141.301	15 and up	\$50.00	Fri, January 14 - Fri, March 4	5pm to 5:50pm	8	DCC
Aikido	i260.301	16 and up	\$48.00	Mon, January 10 - Tue, March 29	6:30pm to 8pm	12	CWCC
Chikubu-Kai Karate (Children)	i241.301	7 to 14	\$48.00	Mon, January 10 - Mon, March 14	6pm to 8pm	10	DCC
Chikubu-Kai Karate & Jiu-Jitsu (Adult)	i239.301	15 and up	\$48.00	Thu, January 13 - Thu, March 17	6pm to 8pm	10	DCC
Japanese Sword Arts	i238.301	15 and up	\$48.00	Wed, January 12 - Wed, March 16	6pm to 8pm	10	DCC
Jow Ga Kung Fu - (6 & up)	i291.301	14 and up	\$60.00	Mon, January 10 - Mon, January 31	7pm to 8pm	4	RGC
Jow Ga Kung Fu - (6 & up)	i292.301	14 and up	\$60.00	Wed, February 2 - Mon, February 28	7pm to 8pm	5	RGC
Jow Ga Kung Fu - (6 & up)	i293.301	14 and up	\$60.00	Wed, March 2 - Wed, March 30	7pm to 8pm	5	RGC
Shorin-Ken Karate	i250.301	8 and up	\$48.00	Tue, January 11 - Thu, March 31	6:30pm to 7:45pm	12	DCC
Tae Kwon Do	i245.301	6 and up	\$43.00	Mon, January 10 - Mon, February 28	6pm to 7pm	8	BMCC
Tae Kwon Do	i247.301	6 and up	\$43.00	Mon, January 10 - Mon, February 28	7pm to 8pm	8	BMCC
Tae Kwon Do	i246.301	6 and up	\$43.00	Wed, January 12 - Wed, March 2	6pm to 7pm	8	BMCC
Tae Kwon Do - Advanced	i248.301	6 and up	\$43.00	Wed, January 12 - Wed, March 2	7pm to 8pm	8	BMCC
Piano Adventures Junior	i413.301	4 to 6	\$55.00	Tue, January 11 - Tue, March 1	6pm to 6:45pm	8	BMCC
Piano Adventures	i408.301	7 and up	\$55.00	Sat, January 15 - Sat, March 5	9am to 9:45am	8	DCC
Guitar or Ukulele Adventures	i409.301	7 and up	\$55.00	Sat, January 15 - Sat, March 5	10am to 10:45am	8	DCC
Piano, Guitar, or Ukulele: Part 2	i412.301	7 and up	\$55.00	Sat, January 15 - Sat, March 5	11am to 11:45am	8	DCC
Piano, Guitar, or Ukulele: Part 2	i414.301	7 and up	\$55.00	Tue, January 11 - Tue, March 1	7pm to 7:45pm	8	BMCC
Conversational Spanish for Beginners	i660.301	16 and up	\$50.00	Tue, January 11 - Tue, March 15	6:30pm to 8pm	10	DCC
American Sign Language - Beginner (Virtual Class)	i681.301	8 and up	\$50.00	Mon, January 10 - Mon, March 14	6pm to 7:40pm	8	Virtual (Zoom)
Tai Chi & Qigong	i297.301	14 and up	\$60.00	Mon, January 10 - Mon, January 31	6pm to 7pm	4	RGC
Tai Chi & Qigong	i298.301	14 and up	\$60.00	Wed, February 2 - Mon, February 28	6pm to 7pm	5	RGC
Tai Chi & Qigong	i299.301	14 and up	\$60.00	Wed, March 2 - Wed, March 30	6pm to 7pm	5	RGC
All Star Sports by Stretch-n-Grow	i240.301	2.5 to 3.5	\$75.00	Sat, January 15 - Sat, February 19	9:30am to 10am	6	DCC
All Star Sports by Stretch-n-Grow	i242.301	3.5 to 5	\$75.00	Sat, January 15 - Sat, February 19	10:15am to 11am	6	DCC
Basketball Skills & Drills	i271.301	7 to 9	\$55.00	Sat, January 15 - Sat, March 5	9am to 9:45am	8	WRC
Basketball Skills & Drills	i270.301	10 to 14	\$55.00	Sat, January 15 - Sat, March 5	10am to 10:45am	8	WRC
Intermediate Basketball Skills & Drills	i272.301	7 to 14	\$55.00	Sat, January 15 - Sat, March 5	11am to 11:45am	8	WRC
Advanced Basketball Skills & Drills	i282.301	9 and up	\$110.00	Tue, January 11 - Thu, March 3	5pm to 6:30pm	8	BMCC
Advanced Basketball Training	i274.301	9 and up	\$40.00	Sat, January 15	12pm to 2pm	1	WRC
Advanced Basketball Training	i275.301	9 and up	\$40.00	Sat, January 22	12pm to 2pm	1	WRC
Advanced Basketball Training	i276.301	9 and up	\$40.00	Sat, January 29	12pm to 2pm	1	WRC
Advanced Basketball Training	i277.301	9 and up	\$40.00	Sat, February 5	12pm to 2pm	1	WRC
Advanced Basketball Training	i278.301	9 and up	\$40.00	Sat, February 12	12pm to 2pm	1	WRC
Advanced Basketball Training	i279.301	9 and up	\$40.00	Sat, February 19	12pm to 2pm	1	WRC

Advanced Basketball Training	i280.301	9 and up	\$40.00	Sat, February 26	12pm to 2pm	1	WRC
Advanced Basketball Training	i281.301	9 and up	\$40.00	Sat, March 12	12pm to 2pm	1	WRC
Intermediate Table Tennis FUNDamentals	i244.301	10 and up	\$80.00	Sat, January 15 - Sat, March 5	10am to 11:30am	8	DCC
Ice Skating-Tiny Tots	i219.301	4 to 6	\$125.00	Mon, January 3 - Mon, February 21	6pm to 6:30pm	8	HR IcePlex
Ice Skating-Tiny Tots	i220.301	4 to 6	\$125.00	Wed, January 5 - Wed, February 23	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Tiny Tots	i222.301	4 to 6	\$125.00	Sat, January 8 - Sat, February 26	Noon to 12:30pm	8	HR IcePlex
Ice Skating-Tiny Tots	i223.301	4 to 6	\$125.00	Mon, January 24 - Mon, March 14	5:25pm to 5:55pm	8	HR IcePlex
Ice Skating-Tiny Tots	i224.301	4 to 6	\$125.00	Thu, February 3 - Thu, March 24	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Tiny Tots	i225.301	4 to 6	\$125.00	Sat, February 12 - Sat, April 2	11:25am to 11:55am	8	HR IcePlex
Ice Skating-Tiny Tots	i226.301	4 to 6	\$125.00	Wed, March 2 - Wed, April 27	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Tiny Tots	i227.301	4 to 6	\$125.00	Thu, March 31 - Thu, May 26	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Kids Beginner	i212.301	7 to 13	\$125.00	Sat, January 8 - Sat, February 26	11:25am to 11:55am	8	HR IcePlex
Ice Skating-Kids Beginner	i213.301	7 to 13	\$125.00	Sat, January 8 - Sat, February 26	Noon to 12:30pm	8	HR IcePlex
Ice Skating-Kids Beginner	i214.301	7 to 13	\$125.00	Mon, January 24 - Mon, March 14	5:25pm to 5:55pm	8	HR IcePlex
Ice Skating-Kids Beginner	i215.301	7 to 13	\$125.00	Thu, February 3 - Thu, March 24	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Kids Beginner	i216.301	7 to 13	\$125.00	Sat, February 12 - Sat, April 2	11:25am to 11:55am	8	HR IcePlex
Ice Skating-Kids Beginner	i217.301	7 to 13	\$125.00	Wed, March 2 - Wed, April 27	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Kids Beginner	i218.301	7 to 13	\$125.00	Thu, March 31 - Thu, May 26	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Beginner	i201.301	14 and up	\$125.00	Mon, January 3 - Mon, February 21	6pm to 6:30pm	8	HR IcePlex
Ice Skating-Beginner	i202.301	14 and up	\$125.00	Wed, January 5 - Wed, February 23	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Beginner	i204.301	14 and up	\$125.00	Sat, January 8 - Sat, February 26	Noon to 12:30pm	8	HR IcePlex
Ice Skating-Beginner	i205.301	14 and up	\$125.00	Mon, January 24 - Mon, March 14	5:25pm to 5:55pm	8	HR IcePlex
Ice Skating-Beginner	i206.301	14 and up	\$125.00	Thu, February 3 - Thu, March 24	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Beginner	i207.301	14 and up	\$125.00	Sat, February 12 - Sat, April 2	11:25am to 11:55am	8	HR IcePlex
Ice Skating-Beginner	i208.301	14 and up	\$125.00	Wed, March 2 - Wed, April 27	6:10pm to 6:40pm	8	HR IcePlex
Ice Skating-Beginner	i209.301	14 and up	\$125.00	Thu, March 31 - Thu, May 26	6:10pm to 6:40pm	8	HR IcePlex
Bars and Beam	i380.303	6 to 14	\$45.00	Mon, January 10 - Mon, January 31	6:45pm to 8:15pm	4	RGC
Bars and Beam	i381.303	6 to 14	\$33.75	Fri, January 14 - Fri, January 28	6:45pm to 8:15pm	3	RGC
Dance It Out - Preschool	i369.301	3 to 5	\$15.00	Tue, January 11 - Tue, January 18	9:45am to 10:30am	2	RGC
Intro to Super Kids	i311.303	4 to 6	\$45.00	Mon, January 10 - Mon, January 31	5:15pm to 6:30pm	4	RGC
Intro to Flipateers	i313.303	7 to 14	\$45.00	Mon, January 10 - Mon, January 31	5:30pm to 7:15pm	4	RGC
Dynamic Duo I	i303.303	1½ to 2½	\$15.00	Tue, January 11 - Tue, January 25	10:45am to 11:15am	3	RGC
Dynamic Duo I	i304.303	1½ to 2½	\$15.00	Thu, January 13 - Thu, January 27	10:30am to 11am	3	RGC
Dynamic Duo I	i310.303	1½ to 2½	\$15.00	Sat, January 15 - Sat, January 29	9:30am to 10am	3	RGC
Dynamic Duo II	i301.303	2½ to 3½	\$18.75	Tue, January 11 - Tue, January 25	11:30am to 12:15pm	3	RGC

Dynamic Duo II	i302.303	2½ to 3½	\$18.75	Wed, January 12 - Wed, January 26	10:30am to 11:15am	3	RGC
Dynamic Duo II	i305.303	2½ to 3½	\$18.75	Thu, January 13 - Thu, January 27	9:30am to 10:15am	3	RGC
Dynamic Duo II	i306.303	2½ to 3½	\$18.75	Fri, January 14 - Fri, January 28	9:30am to 10:15am	3	RGC
Dynamic Duo II	i308.303	2½ to 3½	\$18.75	Sat, January 15 - Sat, January 29	10:15am to 11am	3	RGC
Young Gymini Crickets	i370.303	3 to 4½	\$18.75	Tue, January 11 - Tue, January 25	12:30pm to 1:15pm	3	RGC
Young Gymini Crickets	i378.303	3 to 5	\$18.75	Tue, January 11 - Tue, January 25	5:15pm to 6pm	3	RGC
Young Gymini Crickets	i371.303	3 to 4½	\$18.75	Wed, January 12 - Wed, January 26	9:30am to 10:15am	3	RGC
Young Gymini Crickets	i372.303	3 to 4½	\$18.75	Thu, January 13 - Thu, January 27	11:15am to Noon	3	RGC
Young Gymini Crickets	i375.303	3 to 4½	\$18.75	Thu, January 13 - Thu, January 27	4:15pm to 5pm	3	RGC
Young Gymini Crickets	i373.303	3 to 4½	\$18.75	Fri, January 14 - Fri, January 28	11:30am to 12:15pm	3	RGC
Young Gymini Crickets	i376.303	3 to 4½	\$18.75	Sat, January 15 - Sat, January 29	11:15am to Noon	3	RGC
Gymini Crickets	i344.303	4 to 6½	\$18.75	Tue, January 11 - Tue, January 25	4:15pm to 5pm	3	RGC
Gymini Crickets	i343.303	4 to 6½	\$18.75	Tue, January 11 - Tue, January 25	6:15pm to 7pm	3	RGC
Gymini Crickets	i337.303	4 to 6½	\$18.75	Wed, January 12 - Wed, January 26	11:30am to 12:15pm	3	RGC
Gymini Crickets	i338.303	4 to 6½	\$18.75	Thu, January 13 - Thu, January 27	12:15pm to 1pm	3	RGC
Gymini Crickets	i341.303	4 to 6½	\$18.75	Thu, January 13 - Thu, January 27	5:15pm to 6pm	3	RGC
Gymini Crickets	i342.303	4 to 6½	\$18.75	Sat, January 15 - Sat, January 29	12:15pm to 1pm	3	RGC
Boys Beginner Gymnastics	i360.303	6 to 12½	\$18.75	Tue, January 11 - Tue, January 25	7pm to 8pm	3	RGC
Girl's Beginner Gymnastics	i359.303	6 to 13	\$18.75	Tue, January 11 - Tue, January 25	4:30pm to 5:30pm	3	RGC
Girl's Beginner Gymnastics	i357.303	6 to 13	\$18.75	Fri, January 14 - Fri, January 28	10:30am to 11:30am	3	RGC
Girl's Beginner Gymnastics	i356.303	6 to 13	\$18.75	Fri, January 14 - Fri, January 28	4:30pm to 5:30pm	3	RGC
Girl's Beginner Gymnastics	i361.303	6 to 13	\$18.75	Fri, January 14 - Fri, January 28	5:30pm to 6:30pm	3	RGC
Girl's Intermediate/Advanced Gymnastics	i352.303	7 to 13	\$28.13	Tue, January 11 - Tue, January 25	5:45pm to 6:45pm	3	RGC
Homeschool Gymnastics - coed	i322.303	6 to 13	\$18.75	Tue, January 11 - Tue, January 25	9:30am to 10:30am	3	RGC
Homeschool Gymnastics - coed	i323.303	6 to 13	\$18.75	Wed, January 12 - Wed, January 26	12:15pm to 1:15pm	3	RGC
Homeschool Gymnastics - coed	i324.303	6 to 13	\$18.75	Fri, January 14 - Fri, January 28	12:30pm to 1:30pm	3	RGC

COVID Registration Information:

- Registration is available online or by calling (757) 926-1400.
- Preregistration is required. No registrations will be accepted on the first day of classes.
- Patrons who are fully vaccinated will no longer need to wear masks indoors. Anyone not vaccinated is strongly encouraged to continue to wear masks in all settings.
- There will not be additional seating areas available within the community center for parents/guardians. In the event that a child needs to use the restroom, they should be trusted and able to do so without assistance or direct supervision. Children under the age of thirteen (13) must have an adult guardian on site (in the parking lot) at all times.

Newport News Instructional Programs' classes take place at multipurpose centers throughout the City. This class listing is not an all-inclusive list of classes that are being offered through Instructional Programs; classes are continuously being added. Please note that classes listed may see a change in scheduled time or location; low enrollment classes may be combined or cancelled. Guidelines are subject to change based on physical and social distancing protocols. Please visit www.nnparks.com for a full listing of instructional programs and classes. If you have any questions, please call us at (757) 926-1400.



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